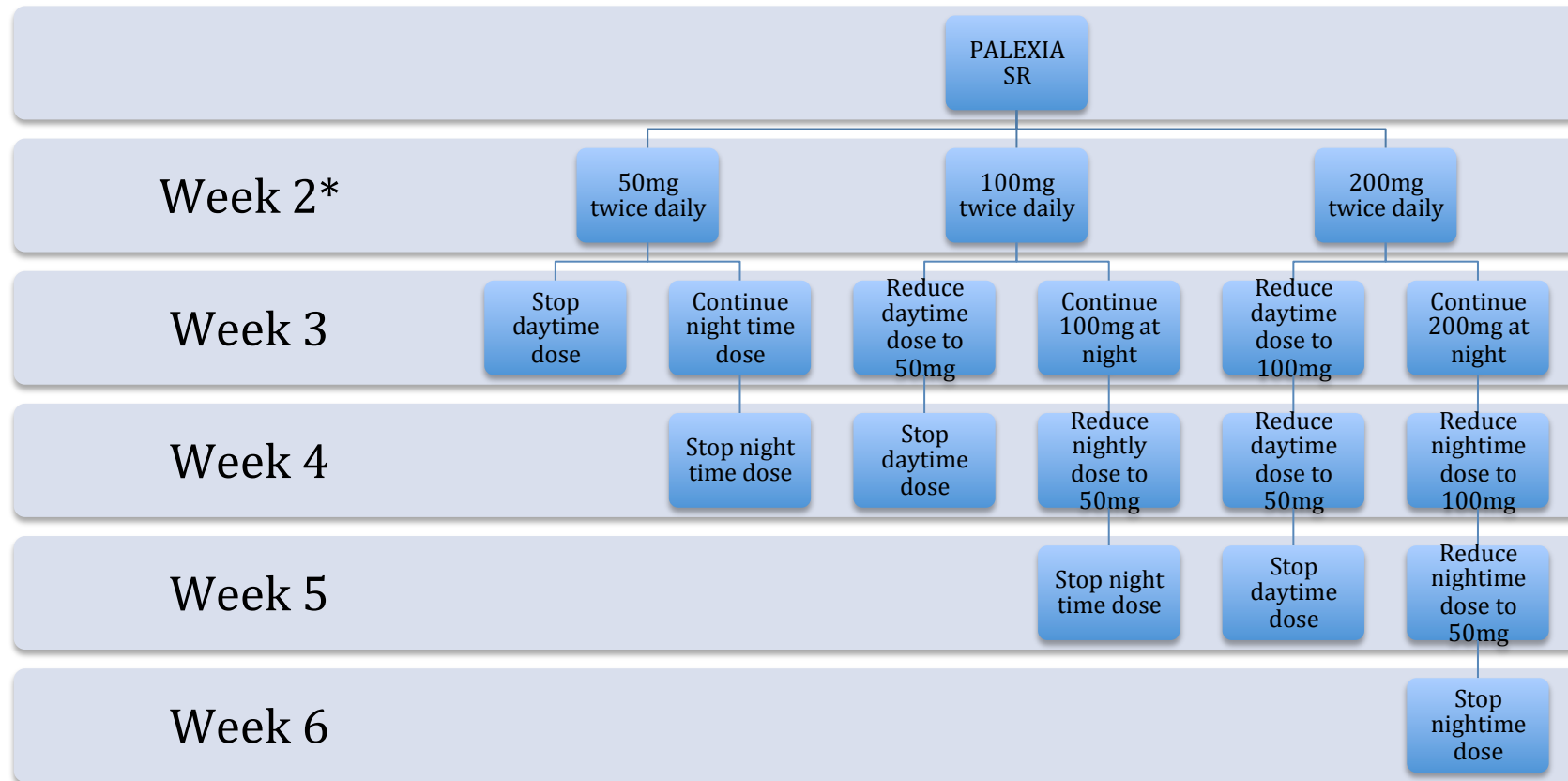


How & when do I reduce my strong pain medications?

A suggested pathway



- Pick the dose that you are taking at the 2 week mark and work your way down from that starting point
- This is a general guide only. Please contact your GP if you are having trouble reducing your pain medications
- If your pain increases or becomes intolerable, return to the previous weeks dose and start reducing again a week later